

~ November 2017 ~

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 @ McArthur Preschool 3:30-4:00 PM CANSkate 4:00-4:45 PM Jr. Academy 4:45-5:30 PM Jr. STAR 4:45- 5:45 PM STARSkate 5:30-7 PM	2 @ Sandman Preschool 4:30-5:00 PM STARSkate 5:00-6:30 PM Jr. STAR 6:15-7:15 PM Jr. Academy 6:30-7:15 PM	3 @ Brock Arena STARSkate 6:30-8:00 am <hr/> @ McArthur Upstairs J.A. & J.S. .Dryland Training 3:30-4:15 PM STARSkate Dryland 4:15-5:00 PM	4
5 @ McArthur Azami Sports (Mental & Physical training) 2-3pm McArthur Island Upstairs	6 @ McArthur STARSkate 3:30-5 PM CANSkate 5:15-6 PM Preschool 5:30-6PM Ballet 6:05-6:35 PM <i>Upstairs in Mezinee</i>	7 @ McArthur Jr. Academy 3:30-4:15 PM Jr. STAR 3:30-4:30 PM STARSkate 4:15-6PM CANSkate 6:15-7 PM Preschool 6:30-7PM	8 @ McArthur Preschool 3:30-4:00 PM CANSkate 4:00-4:45 PM Jr. Academy 4:45-5:30 PM Jr. STAR 4:45- 5:45 PM STARSkate 5:30-7 PM PHOTO DAY	9 @ Sandman Preschool 4:30-5:00 PM STARSkate 5:00-6:30 PM Jr. STAR 6:15-7:15 PM Jr. Academy 6:30-7:15 PM	10 @ McArthur Upstairs J.A. & J.S. .Dryland Training 3:30-4:15 PM STARSkate Dryland 4:15-5:00 PM	11 @ McArthur Ravi Walia Seminar Star 2&3 8-10 am Star 4+ 10:15am -3:15pm Remembrance Day
12	13 @ McArthur Sport Psyc 2-3 pm STARSkate 3:30-5 PM CANSkate 5:15-6 PM Preschool 5:30-6PM Ballet Cancelled	14 @ McArthur Jr. Academy 3:30-4:15 PM Jr. STAR 3:30-4:30 PM STARSkate 4:15-6PM CANSkate 6:15-7 PM Preschool 6:30-7PM	15 @ McArthur Preschool 3:30-4:00 PM CANSkate 4:00-4:45 PM Jr. Academy 4:45-5:30 PM Jr. STAR 4:45- 5:45 PM STARSkate 5:30-7 PM	16 @ McArthur Preschool Cancelled STARSkate 4:00-5:15 PM Jr. STAR 5:00-6:00 PM Jr. Academy 5:15-6:00 PM	17 @ Brock Arena STARSkate 6:30-8:00 am <hr/> @ McArthur Upstairs J.A. & J.S. .Dryland Training 3:30-4:15 PM STARSkate Dryland 4:15-5:00 PM	18
19 @ McArthur Azami Sports (Mental & Physical training) 2-3pm McArthur Island Upstairs	20 @ McArthur STARSkate 3:30-5 PM CANSkate 5:15-6 PM Preschool 5:30-6PM Ballet 6:05-6:35 PM <i>Upstairs in Mezinee</i>	21 @ McArthur Jr. Academy 3:30-4:15 PM Jr. STAR 3:30-4:30 PM STARSkate 4:15-6PM CANSkate 6:15-7 PM Preschool 6:30-7PM	22 @ McArthur Preschool 3:30-4:00 PM CANSkate 4:00-4:45 PM Jr. Academy 4:45-5:30 PM Jr. STAR 4:45- 5:45 PM STARSkate 5:30-7 PM	23 @ Sandman Preschool 4:30-5:00 PM STARSkate 5:00-6:30 PM Jr. STAR 6:15-7:15 PM Jr. Academy 6:30-7:15 PM	24 @ McArthur Hosting Okanagan Interclub If you aren't competing come watch some Figure Skating! (No Dryland)	25 @ McArthur Hosting Okanagan Interclub If you aren't competing come watch some Figure Skating!
26 @ McArthur Hosting Okanagan Interclub If you aren't competing come watch some Figure Skating!	27 @ McArthur STARSkate 3:30-5 PM CANSkate 5:15-6 PM Preschool 5:30-6PM Ballet 6:05-6:35 PM	28 @ McArthur Jr. Academy 3:30-4:15 PM Jr. STAR 3:30-4:30 PM STARSkate 4:15-6PM	29 @ McArthur Preschool 3:30-4:00 PM CANSkate 4:00-4:45 PM Jr. Academy 4:45-5:30 PM Jr. STAR 4:45- 5:45 PM STARSkate 5:30-7 PM	30 @ Sandman Preschool 4:30-5:00 PM STARSkate 5:00-6:30 PM Jr. STAR 6:15-7:15 PM Jr. Academy 6:30-7:15 PM	Notes: Please Bring a Yoga Mat and Skipping Rope to Friday Dryland Classes Sandman Centre Entrance is around the back (East side) of the building	

	<i>Upstairs in Mezonee</i>	CANSkate 6:15-7 PM Preschool 6:30-7PM			
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